

♀ ON OUR WAY

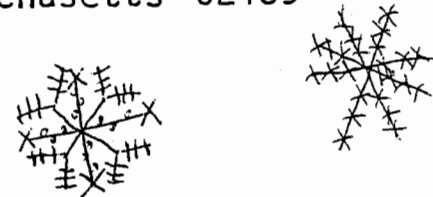


Newsletter of the Women's Center
46 Pleasant Street Cambridge Massachusetts 02139

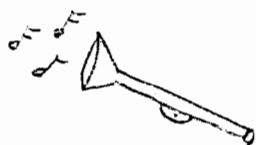
(617) 354-8807

TTY and VOICE

winter 87



15



THE WOMEN'S CENTER'S 15TH BIRTHDAY
Saturday, January 24, 2 to 5pm

Featuring:

Women in prison at MCI-Framingham:
an informal presentation of issues facing
women in prison right now, a videotape
about MCI-Framingham, and a time for
questions.

A historical presentation about the
Women's Center and the contemporary
Boston area Women's Liberation Movement

The Women's School will talk about
what it's doing, its history, and answer
questions about joining the collective,
giving a workshop, teaching a course or
whatever.

Members of other groups, including
'For Crying Out Loud' will participate in
discussions.

AND Live music by local women artists!

!!!!All women and children welcome!!!!

Women's Center Hours

Monday-Thursday 10am - 10pm
Friday 10am - 5pm
Friday Coffeehouse 8pm-Midnite
Saturday 11am - 2pm

FOR CRYING OUT LOUD

In June of 1986, FOR CRYING OUT LOUD, the newsletter for women survivors of child sexual abuse, passed from the founding members to the current collective, who are determined that this very special forum will continue to be published. We are grateful to the Women's Center for bringing us together, and for serving as our meeting place and mailing address. There is no other resource in our community with the Center's strength and commitment to women struggling to empower themselves.

For many survivors of incest and related horrors, FOR CRYING OUT LOUD is the only place where they can feel safe to share their personal histories, their frustrations, and their rage, the sum of which will lead to their ultimate healing.

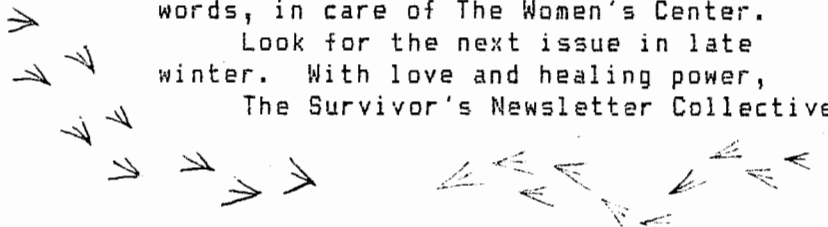
After years of unnamed pain, enforced silence, private shame, and maddening isolation, together survivors of child sexual abuse can cry out loud!

What started as a powerful form of group therapy and support, inspired by Ellen Bass, is evolving into a genuine social movement, and FOR CRYING OUT LOUD is one of the major voices of that movement.

Survivors are welcome to send us their creative outpourings in pictures or words, in care of The Women's Center.

Look for the next issue in late winter. With love and healing power,

The Survivor's Newsletter Collective



WRITERS SUPPORT GROUP

The Writers Support Group is an open, ongoing group that meets weekly at the Center, Wednesdays at 7:30pm. All skill/experience levels and forms of writing are welcome. If you want to share your writing with other writers, exchange ideas and criticism from a feminist perspective, and are willing to make a commitment to come regularly, come join us. Or call Sylvan for more info. at 547-6766 eves (491-4110 days).

FORMER NUN LESBIANS

The former nun lesbian support group welcomes all women with current or past affiliation with a religious order. The group meets on the first Tuesday of the month at the Center, 7 to 9pm.

While most meetings involve discussion of our "issues", the group has viewed TV documentaries together and shared the group's first year anniversary potluck supper at the Center.

We look forward to welcoming new members! Please contact the Center for more info.



FAT IS A FEMINIST ISSUE

Every other Wednesday, 7:30-9:30pm, a support group for women dealing with issues around food, body image, and self acceptance meets at the Center. We work on making peace with food and becoming aware of how we use it. We're seeking new members! All women are welcome!

Help is needed with organization of leafletting campaigns and public actions on "The War for Women's Equality is Not Over", "Happy Father's Day--Incest Report", "Veterans of the War Against Women: Rape, Battery, and Murder", and similar actions. Sponsored by the Women's Center. Contact Sharon at 354-8807, days.

OPEN DISCUSSIONS

Come join us on Wednesday evenings, 8 to 10 pm for informal discussions about our common experiences as women.

UPCOMING TOPICS

- Jan 28--Isolation in Contemporary Society
- Feb 4---Women of Color: Poetry, Readings, and Discussion
- Feb 11--Feminist Humor
- Feb 18--Coming Out as a Feminist
- Feb 25--Women Taking a Stand in the Nuclear Age

INCEST RESOURCES

Incest Resources sponsors and facilitates a monthly drop-in discussion group for women with histories of incest. This meets on the third Thursday of every month (Sept-June) from 7:30 to 9:30pm at the Women's Center. To insure confidentiality and safety, meetings are not open to friends/support people. Upcoming topics are:

- February 19 Families
- March 19 Mourning

For more information, call the Center or 492-1818.

BATTERED WOMEN

We welcome all battered women. Come and share this all too common problem and learn that you are not alone in what you are experiencing. We can explore options and alternatives and find ways to change the situation to allow you to grow and once again become your own person. The group meets Wednesday mornings at 11:45am and Monday evenings at 6:30pm at the Women's Center.



WOMEN'S COUNSELING AND RESOURCE CENTER

The Women's Counseling & Resource Center has grown to 9 therapists. In addition to providing counseling to low income women, we are currently working with staff from the Women's Center to update our referral file on feminist therapists in the area.

AT THE WOMEN'S CENTER

MONDAY

- Support for Battered Women . 6:30-8pm
- New Women's Chorus 7-10pm
- Boston Bisexual Women's . . . 7:30-9:45pm
Network -Intro Mtg. (bimonthly)
- All-Center Meeting 6-8pm
(biweekly)

TUESDAY

- Rape Crisis Center 7-10pm
- Former Nun Lesbian Support . 7pm
Group (1st Tuesday, monthly)

WEDNESDAY

- Support for Battered Women . Noon-1pm
- Feminist Discussion Group. . 8-10pm
- Lesbian Al-Anon (childcare). 6:30-8pm
- Politics of Fat. 7:30-9:30pm
- Fat is a Feminist Issue. . . 7:30-9:30pm
(biweekly)
- Back Pain Support Group . . .7:30-9:45pm
(biweekly)

THURSDAY

- Lesbian Liberation 7:30-9:30pm
- Incest Resources 7:30-9:30pm
(third Thurs., monthly)
- Lesbians Choosing Children . . 7:30-10pm
Network (second Thurs., monthly)

WOMEN LOOKING FOR WORK

An ongoing support group for women looking for work is currently meeting outside the center. FREE. Call Abby at 491-8896 for more info.

SUPPORT GROUP

Women's Support and Visualization Group is forming in the Boston/Cambridge area. Use of relaxation, visualization and discussion to support member's goals and desire for changes in their lives will highlight this leaderless, peer support group for feminist women. FREE. Will probably meet Wednesday evenings. Call Brenda, 742-9460 for more info.

CELEBRATE OUR VICTORIES

Join us as we celebrate the defeat of Question #1 and reaffirm our commitment to reproductive freedom and the continuing struggle to keep abortion safe, legal and funded.

Thursday, January 22
(14th anniversary of Roe vs. Wade)
7:30 PM
Cambridge YWCA, 7 Temple St,
Central Square

Featuring entertainment by Semanya McCord
ASL -- Spanish translation -- Child care
Wheelchair accessible

Sponsored by R2N2, Boston NOW, MOBE,
GLDC, AAWO.

THINKING AHEAD

The Lesbian and Gay Pride Planning Committee invites the community to come find out what's happening with PRIDE '87. Open House will be held on Thursday, Jan 22, 7:30pm at 34 Edgerly Road, Boston near Fenway Community Health Center (use basement entrance around back). See our slide show, learn how to join us to make this year's Pride Week, Town Meeting, Pride March, and Rally the best ever! For info: 267-2150, Pride Celebrations, Inc., P.O. Box 8916, Boston, MA 02114.

BATTERED LESBIANS

EDUCATION AND DIALOG ON LESBIAN BATTERING

Readings from Naming the Violence:
Speaking Out About Lesbian Battering

Sunday, January 25, 3-5pm, at
New Words Bookstore, 138 Hampshire
St., Cambridge. ASL interpreted.

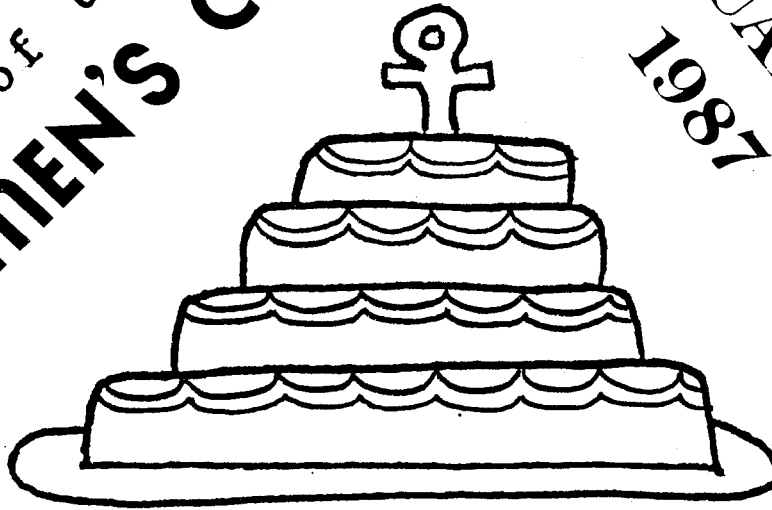
Info: 561-0986, (354-8807 TTY)
Sponsored by Boston Working Group on
Lesbian Battering.

PAUSE

The Menopause Collective is no longer holding open support meetings every month at the Center. The collective is still active, and will continue to provide information and support to women through other avenues. Watch for announcements.

15th
BIRTHDAY CELEBRATION
of the
WOMEN'S CENTER

JANUARY
1987
Saturday
2 - 5pm
24



ALL WOMEN AND CHILDREN
*** WELCOME ***

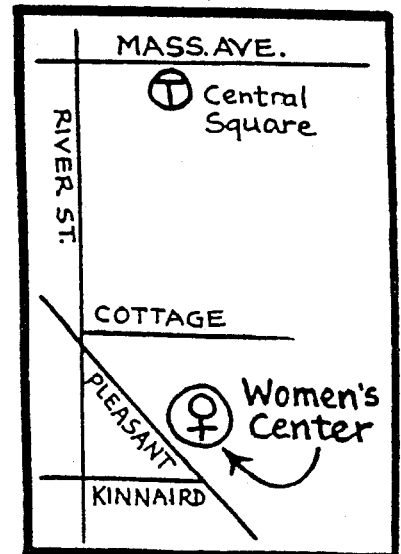
Join us for a variety of
activities, entertainment
and refreshments

46 Pleasant Street
Cambridge

FIRST FLOOR WHEELCHAIR ACCESSIBLE

For more information: 354-8807

TTY and voice



THE WOMEN'S EDUCATIONAL CENTER, INC.
6 Pleasant Street
Cambridge, Massachusetts 02139

Phone: (617) 354-8807

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Address correction requested

CONFERENCE ON ASIAN WOMEN

An impressive collection of day and evening programs, March 5-19. FREE. Films, panel discussions, theatrical performances, and workshops dealing with personal and global issues of concern to Asian women. All events held at MIT. Sponsored by MIT Women's Studies Program. Call 253-8844 for information, calendar of events.

PMS STUDY

The Massachusetts Institute of Technology has initiated a comprehensive study of Premenstrual Syndrome. We provide precise hormonal measurement and therapeutic relief, at no charge, to women of all ages who suffer from PMS. For more information, please call Roni or Maureen at 253-3087 or -3077

I'd like to be on the Women's Center mailing list:

Name: _____

Address: _____

City/State: _____

Zip Code _____

THE COMPUTER

You may have noticed that the past few issues of DN OUR WAY have looked a little different. That's because we are now using a computer to type this newsletter. This has made our lives much easier and, we hope, made the newsletter easier to read. We have also recently put our mailing list on the computer. This has simplified the process of sending out over 900 copies of DN OUR WAY four times a year. Please let us know of any errors/changes in your name or address so we can keep the info coming your way.

The newsletter committee, Judy and Nancy, are always looking for help preparing the bulk mailing, writing articles, etc. Give the Center a call if you'd like to help.

